

## Mentor United Methodist Church – Lent 2021

# A WAY IN THE Wilderness

**March 7, 2021 - 3<sup>rd</sup>  
Sunday of Lent**

A Way in the  
Wilderness: When  
We Need Direction  
Exodus 20:1-21

**Devotion  
And God spoke all**

**these words...**

**Exodus 20:1a**

When you get a new game, what is one of the first things you need to do before playing the game? You need to read the directions. For our third week of Lent, we remember that God provides us with directions, or in this case, we refer to them as the 10 Commandments. These are the directions that God gave to His people. The rules with which they need to live. I am sure there are times in your life that your parents have given you the right direction as you are traveling in your journey of life. We might not always want to do what they say but know that they are looking out for us.

This is what God was doing for the Israelites. He was looking out for them to help them through the wilderness. I remember when I found out that if the Israelites had just done what they were supposed to do, they wouldn't have had to wander in the desert for forty years!

God only wants what is best for us, so He gives us directions on how we are to live our lives. He isn't creating a bunch of rules to make us miserable. Nope! He is giving us directions on how to live the life He has prepared for us. This week when you are spending your quiet time with God think about how you can live your life following His directions...and the directions that your parents are giving you as well. They also want what is best for you, too!

**PRAYER:** Dear God, we thank you for this special time we are spending with you during Lent. We ask that you would continue

to give us the direction that we need to live the life you have planned for us...even when we wander away from them. Help us to remember that You love us so much and that is why You are directing us in the right ways.

~Tammy Palermo

**Snack Recipe:** [10 Commandment Challah](#)

### INGREDIENTS

1/2 TBSP yeast      1 C lukewarm water      1/4 C sugar  
1/4 C oil      3 C flour      1 tsp salt      1 egg yolk

### PREPARATION

Instructions for one loaf.

Dissolve yeast in 1 cup luke warm water. Add 1/4 cup sugar, 1/4 cup oil, 3 cups flour, 1 t salt and one egg yolk. Knead together to form dough. (if the dough is sticky add more flour) Let rise until doubled. Roll out the dough into a circle. Roll two strips of dough to frame the circle and another strip for the line bisecting the challah.

Let the dough rise again for 45-1 hour.

Using a paint brush, glaze the frame with egg yolk. Leave the rest of the dough unglazed. Bake for 45 minutes at 350 F in a preheated oven.

**Snack idea to buy:** Wintergreen Lifesavers (CommandMINTS!)

**Activity/Game:** 10 Commandments Foldable Activity

### Ten Commandments Pick-Up Sticks

The first player vertically holds all Pick Up Sticks in one hand making sure that one end of the sticks remains in with the playing area, the player quickly releases his/her hand and lets the sticks scatter. The player proceeds to pick up one stick. The only stick that is allowed to move is the one the player is trying to pick up. If any other stick moves, that player's turn is over, and play passes to the next player on the left. The next player may continue to pick up the remaining sticks or choose to begin again, by gathering up all sticks, and once again letting them scatter in the playing area. As the player successfully retrieve sticks from the pile, they will need to identify which commandment matches the number on their stick.

**Coloring Sheet:** Ten Commandment Window Sheets