



Grief Recovery Support Group

*It's real help for deep hurt
for those on the journey from mourning to joy.*

Fall Session on Wednesdays
September 13, 2017 to December 6, 2017 (13 weeks)
1:00 p.m. to 3:00 p.m.
Cost: \$20.00 (includes book)

Mentor United Methodist Church

8600 Mentor Avenue
Mentor OH 44060
(440) 255-3496 x14

Facilitators: Rev. Bev Wrobel PC and Janet Siekmann
E-mail: blwrobel@mentorumc.org

Please register by calling or e-mailing Pastor Bev Wrobel.
For more information visit the GRIEF SHARE website at
www.griefshare.org

Weekly Videos Seminars are designed to help you successfully travel the journey from mourning to joy:

1. Is This Normal?
2. Challenges of Grief
3. The Journey of Grief, part 1
4. The Journey of Grief, part 2
5. Grief and Your Relationships
6. Why?
7. Guilt and Anger
8. Complicating Factors
9. Stuck
10. Lessons of Grief, part 1
11. Lessons of Grief, part 2
12. Heaven
13. What Do I Live for Now?