

ROOTED

Mentor United Methodist Church Children & Family Ministries Parent Newsletter March 2016

“Children are a gift from the Lord; they
are a reward from him.”
~Psalm 127:3

KNOW, GROW, SHOW at MENTOR UMC

A faith community seeking...to lead all on a Christ-centered path of discipleship.

KNOW through Sunday Worship at 9 am and 11 am

- **Sanctuary Service** *Rooted in Tradition, Growing in Christ*
- **iConnect** *relevant, relational, real*

GROW through Discipleship & Community

- **Sunday School**
 - Ages 0-4 in Early Childhood Area
 - K-6th Grades in Education Wing
 - mentorumc.org/sunday-school
 - **StuCo 56**
 - Sunday, March 13 **4:00-5:30 pm** Easter Egg Stuffing
 - Sunday, March 20 **12:00-1:30 pm** Food Sorting
 - mentorumc.org/stuco-56
 - **The BIG Event** at 5 pm; dinner at 5:30 with SNL following; tickets on sale in Atrium and through office
 - **Generations, family fellowship group**
 - Saturday, March 26 at 10:00 am for Easter Egg Hunt at Garfield Park; COMMUNITY EVENT
 - mentorumc.org/generations
- SHOW** through Service and Outreach
- **Heifer International Project** Kick-Off March 27; Noisy Offering May 1
 - Stay tuned for DETAILS!

- **Sunday school Servant** sign up at mentorumc.org/Sunday-school
 - SPRING Quarter is OPEN for sign ups
- **More Than a Meal**, free community dinner, on the last Saturday (March 26) of each month at 5:30; please contact Karen Martin at dansgirl9065@sbcglobal.net

This & That

STAY CONNECTED

Stay up to date on what is happening with our KidMin & FamMin
tpalermo@mentorumc.org

REGISTRATION FORM

A current form needs to be completed for each child for 2015-16
mentorumc.org/children

SUMMER DATES ANNOUNCED

- Vacation Bible School: June 20-24
- Get Out Doors Camp: June 20-24
- Theatre Arts Camp: July 18-22 AND 25-29
- mentorumc.org/summer-programs



2015-16 Theme: A Fierce Flourishing

For you shall go out in joy and be led forth in peace; the mountains and the hills before you shall break forth into singing, and all the trees of the field shall clap their hands. ~Isaiah 55:12



MARCH FRIDAY MEETINGS

March 11th ("Life Giving Lilies—Women as Life Givers and Renewing Ourselves in Christ" RSVP by March 9) from 9:30 am to noon at Mentor UMC's Fellowship Hall
March 21 from 9:00-11:00 am for MOPS and MOMSnext members are invited to participate in an act of service, Food Distribution

WHO: Moms with children of all ages; childcare provided for moms who RSVP

WHAT: An opportunity to connect with other moms

mentorumc.org/MOPS

mops@mentorumc.org

mumcmomstalk.wordpress.com/



Teach Your Child How to Pray by Emily Schulz

Wondering how to teach your child how to pray?

Jesus gave us a great example in the Lord's Prayer.

To be completely honest, prayer often feels overwhelming to me. I tend to be a very "black and white" person who wants to know she's doing things the right way. So when it comes to prayer, and especially prayer requests, I often feel lost.

I constantly wonder what or whom to pray for, how long to pray, and how often I'm supposed to pray for each person or situation. I feel overwhelmed by the number of things I could be praying for and discouraged by my own apathy and the numbness I sometimes feel towards the suffering that surrounds me.

Much of prayer is bringing our burdens to God and trusting Him to take care of them, yet ironically I feel burdened by the responsibility I have to pray, even though I know it's a privilege and blessing to be able to do so.

My encouragement comes from Scripture, as I am reminded in Matthew 6 that God knows what we need before we ask Him and that Jesus hasn't left us alone in this. Jesus modeled prayer for us.

As I seek to model prayer for others, I take comfort in the fact that I'm not the source of what I am seeking to model, but I'm in the process of following a model myself. My job is to look again and again to Jesus and then to echo these words of Paul: "Follow my example, as I follow the example of Christ" (1 Corinthians 11:1).

I know that I will never be perfect at prayer, but I am trusting God to shape even this part of me, asking Him to give me more of a heart of dependence on Him that will drive me to pray without ceasing, and asking Him to continually turn my eyes off of myself that I may gaze at Him in all His perfection and praise Him, in prayer, for who He is.

This month, set aside a time, maybe around the dinner table or before bed, to intentionally follow Jesus' example of prayer and to model this for your children. Use this framework of address, praise, surrender, request, confession, forgiveness, and vision of a corrected path. Parents, you go first, modeling each element for your children and then letting them add their thoughts as you create this prayer together as a family.

(address) Heavenly Father,

(praise) You are _____.

(situation to surrender) Have your way in _____.

(request) I ask for _____.

(confession and forgiveness) Forgive me for _____ and help me to forgive _____.

(area of corrected path) Help me to be more like you in _____.

Be sure to also spend time together thanking God for the prayers He has already answered and acknowledging the ways you see Him at work in your life and in your family!

ADDRESS
PRAISE
SURRENDER
REQUEST
CONFESSION & FORGIVENESS
VISION OF CORRECTED PATH

"This, then, is how you should pray:
Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as it is in heaven.
Give us today our daily bread.
And forgive us our debts,
as we also have forgiven our debtors.
And lead us not into temptation,
but deliver us from the evil one."
Matthew 6:9-13 (NIV)

Emily is a grad student at Denver Seminary, along with her new husband, Phil. She has her BA in Christian Ministries from Biola University and is the Children's Ministry Director of New Denver Church in Denver, CO, where Phil also serves as the Youth Director. Schulz, Emily. "Teach Your Child How to Pray" *HomeFront-Mag*. David C. Cook, 3 Mar. 2016. Web. 4 Mar. 2016.