

“Children are a gift from the Lord; they are a reward from him.” ~Psalm 127:3

**The Path of Discipleship**

"The Path" is the path of discipleship. It is a means of growing spiritually. It is a tool to become a fully-devoted follower of Jesus Christ. The path is to know God, love God, and to serve God.

**KNOW GOD**

- **The BREAKFAST CLUB, a Young Family study**—meets from 10:10-10:50 in Room 109

**LOVE GOD**

- **More Than a Meal**—free community dinner on the last Saturday (October 26) of each month at 5:30; servants are need to assist with all aspects of this ministry; please contact Karen Martin at dansgirl9065@sbcglobal.net for more details
- MOPS/MOMSnext is hosting a **shoe drive** for Soles4Souls.org. They will be collecting gently worn shoes of all sizes and types through November 1<sup>st</sup>.

**SERVE GOD**

- **Winter Sunday School Leader** sign ups are available here: <http://tinyurl.com/SSWinter>
- **Discoverers** Leadership needed on Tuesdays, September 10 through October 29 <http://tinyurl.com/DiscLeaders>

**This & That**

**AMERICAN HERITAGE GIRL TROOP FORMING**

- AHG is a non-profit organization dedicated to the mission of



building women of integrity through service to God, family, community and country. Join us for the informational session on October 10 and then the first meeting on November 14.

**STAY CONNECTED**

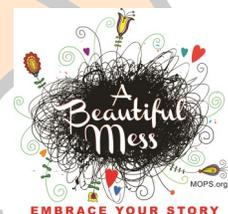
- To **stay up to date** on what is happening with our Children & Family Ministries, please be sure Tammy has your current email address. Please email her at [tpaler-mo@mentorumc.org](mailto:tpaler-mo@mentorumc.org) to stay connected!

**REGISTRATION FORM**

- A current form needs to be completed for each child for 2013-14.
- Download: <http://tinyurl.com/MUMCKidMinReg>
- Online: <http://tinyurl.com/CFMReg13-14>



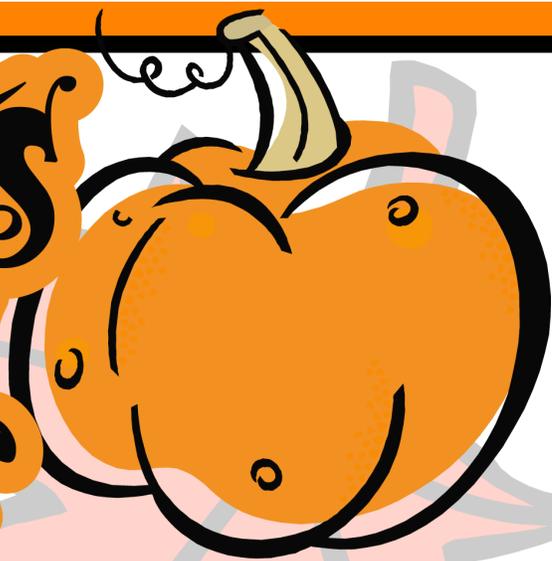
**MOPS & MOMSnext**  
 “A Beautiful Mess: Embrace Your Story”  
 October 11 “A Unique Mess”



- MOPS: moms with children birth through kindergarten.
- MOMSnext: moms with school aged children
- Blog: <http://mumcmomstalk.wordpress.com/>
- Website: <http://tinyurl.com/MUMCMOPS-MOMSnext>
- MOPS International: [www.mops.org](http://www.mops.org)
- To learn more, and/or reserve childcare: email [mops@mentorumc.org](mailto:mops@mentorumc.org) or call 255-3496x18 by October 11.



# PARENTS PAGE



The cooler weather is upon us and now is a fantastic time to kick our family activities into high gear! Looking for a laundry list of fun ways to celebrate fall? Look no further — just take your pick from the list below. How many do you think you can check off before the first snow falls and the seasons change once more?

1. Go apple picking. Find a local orchard and spend the day picking your favorite variety straight from the tree.

Make caramel apples. You can buy them in the store, but homemade caramel apples just taste better. Plus, making them is a fun, easy project for kids.

3. Make homemade applesauce. It's ridiculously easy (and it's a great way to use up all those apples you picked).

4. Go on a hayride.

5. Sit around a campfire (or fire pit) and tell ghost stories. For maximum effect, this should be done after dark.

6. Paint pumpkins. Jack-o-lanterns look spookier on the porch at night, but painted pumpkins look great inside the house at any time of day. Added bonus? Kids can paint the faces themselves.

7. Make pumpkin pie. Or pumpkin muffins. Or pumpkin cookies. Or pumpkin bread. Anything pumpkin is a good way to celebrate the season.

8. Serve a hearty soup or stew for dinner. Chili and pot roast are my favorite go-to fall meals.

9. Get ready for some football! Whether it's an NFL team or just your local high school, fall is all about football. Dress in your team colors, whip up some snacks, and then settle in to watch the game.

10. Play flag football. You don't just have to watch football. Take advantage of the cool weather and get a family or neighborhood game going in your backyard.

11. Play in the leaves. Raking leaves might be work, but jumping in the piles is all fun.

12. Take a nature walk and collect leaves.



## Heroes Unmasked Fall Festival

- Thursday, October 24 from 6:30-8:00 pm; this is an OPEN event, so feel free to invite others!!!
- Register at <http://tinyurl.com/MUMCHeroesReg>
- Servant Sign Up <http://tinyurl.com/HeroServants>
- Donation Sign Up <http://tinyurl.com/HeroDonations>



# OCTOBER