

“Children are a gift from the Lord; they are a reward from him.” ~Psalm 127:3

The Path of Discipleship

"The Path" is the path of discipleship. It is a means of growing spiritually. It is a tool to become a fully-devoted follower of Jesus Christ. The path is to know God, love God, and to serve God.

KNOW GOD

- **The BREAKFAST CLUB, a Young Family study**—returns September 8

LOVE GOD

- **More Than a Meal**—free community dinner on the last Saturday (September 28) of each month at 5:30; servants are need to assist with all aspects of this ministry; please contact Karen Martin at dansgirl9065@sbcglobal.net for more details

SERVE GOD

- **Fall Sunday School Leader** sign ups are available here: <http://tinyurl.com/SSFall>
- **Discoverers** Leadership needed on Tuesdays, September 10 through October 29 <http://tinyurl.com/DiscLeaders>

This & That

SCHOOL YEAR SUNDAY SCHOOL ROOMS: Birth through walkers in Room 100; Walkers through 2 years in Room 102; 3 & 4 years old in Room 108, 5 & 6 year olds in Room 104; 1st & 2nd grades in Room 108; 3rd & 4th grades in Room 111; 5th & 6th grades in Room 112

STAY CONNECTED: To stay up to date on what is happening with our Children & Family Ministries, please be sure Tammy has your current email address. When there are changes or important things for families to be aware of (i.e. when children will remain with parents in worship), she generally sends out an email. Please email her at tpaler-mo@mentorumc.org to stay connected!

The following will be resuming in September:

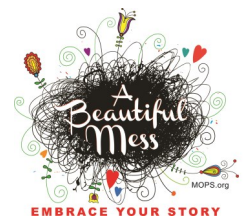
- Family Worship** Sept. 1
- Cherub Choir & Children's Choir** Sept. 8
- Parents' Morning Out** Sept. 9
- Discoverers** Sept. 10
- MOPS & MOMSnext** Sept. 13
- StuCo** 56 Sept. 20

REGISTRATION FORM: A current form needs to be completed for each child for 2013-14. Download: <http://tinyurl.com/MUMCKidMinReg> OR complete online: <http://tinyurl.com/CFMReg13-14>



September 13-"A Beautiful Mind"

- MOPS: moms with children birth through kindergarten.
- MOMSnext: moms with school aged children
- Theme book, The Artist's Daughter, (\$7.00)
- Devotion book, Known & Loved, (\$6.50)
- Blog: <http://mumcmomstalk.wordpress.com/>
- Website: <http://tinyurl.com/MUMCMOPS-MOMSnext>
- MOPS International: www.mops.org
- To learn more, and/or reserve childcare: email mops@mentorumc.org or call 255-3496x18 by September 6



parents page



Getting a new school year off to a good start can influence children's attitude, confidence, and performance both socially and academically. The transition from August to September can be difficult for both children and parents. Even children who are eager to return to class must adjust to the greater levels of activity, structure, and, for some, pressures associated with school life.

Here are a few suggestions to help ease the transition and promote a successful school experience.

Review all of the information. Review the material sent by the school as soon as it arrives. These packets include important information about your child's teacher, room number, school supply requirements, sign ups for after-school sports and activities, school calendar dates, bus transportation, health and emergency forms, and volunteer opportunities.

Make copies. Make copies of all your child's health and emergency information for reference. Health forms are typically good for more than a year and can be used again for camps, extracurricular activities, and the following school year.

Visit school with your child. If your child is young or in a new school, visit the school with your child. Meeting the teacher, locating their classroom, locker, lunchroom, etc., will help ease pre-school anxieties and also allow your child to ask questions about the new environment. Call ahead to make sure the teachers will be available to introduce themselves to your child.

Set alarm clocks. Have school-age children set their own alarm clocks to get up in the morning. Praise them for prompt response to morning schedules and bus pickups.

Reinforce your child's ability to cope. Give your child a few strategies to manage a difficult situation on his or her own. But encourage your child to tell you or the teacher if the problem persists. Maintain open lines of communication with the school.

Let your children know you care. If your child is anxious about school, send personal notes in the lunch box or book bag. Reinforce the ability to cope. Children absorb their parent's anxiety, so model optimism and confidence for your child. Let your child know that it is natural to be a little nervous anytime you start something new but that your child will be just fine once he or she becomes familiar with classmates, the teacher, and school routine.



EXERCISE for HOPE: "Children Helping Children"

- Sunday, September 22; 12:30-2:30 pm
- 1st through 8th Graders obtain pledges for doing exercises
- Benefits Project HOPE
- Register by September 8th to receive a T SHIRT!
- More info with pledge sheet: <http://tinyurl.com/>

Exercise4Hope



September



GENERATIONS, family fellowship group

- Annual hayride at Patterson's Fruit Farm
- Sunday, September 29; 4:00-7:00 pm
- Cost is \$7.50 per person over the age of 2.
- Sign up no later than Sept. 24 outside of Tammy's office OR at <http://tinyurl.com/Hayride13>

