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<u>CILLITIONS 5:22-23</u>

But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, Meekness, temperance: against such there is no law.

ow can you tell a super apple tree from an ordinary apple tree? Super apples! How can you tell a super follower of Christ from an ordinary follower of Christ? Super Fruit! And that doesn't mean they act fruity or goofy. It means they produce the fruits of the Spirit in a super way. Would you like to be a SUPER FOLLOWER OF CHRIST? GREAT! Start by studying Galatians 5:15-26. Then take a look at the definitions below and start producing "Super Fruit" today!!! LOVE-Caring for another person. Forgive your friends when they do things to hurt you. Be a friend to someone who's lonely. JOY - Gladness. When you've had a bad day or things aren't going the way you want them to, let God's joy show forth anyway. PEACE - Quiet; happy in your heart. As you draw closer to God, He gives you peace, even though you may be hurting. PATIENCE - Being able to wait without getting restless. Don't complain to your mom or dad when waiting in a line at the store. Teach someone younger than you a new skill, like playing a game or riding a bike. KINDNESS - Treating others nice. Bake some cookies and take them to your neighbor. Buy a friend an ice cream cone. GOODNESS - Doing what is right. Don't get homework answers from a friend. Don't cut in line for lunch. FAITHFUL - Staying true to your word. If you tell a friend you'll do them a favor, don't back out on them. GENTLENESS - Thinking of other's feelings, and treating them with kindness. When you see someone that dresses or acts different than you, be nice to them anyway. SELF-CONTROL - Staying in charge of



your own self. When someone makes you mad, don't get angry at them. With a little help from God you'll rock your super fruit powers!

MUMC's Children's Ministry is excited for our new school year!

- Sunday Mornings
- StuCo 56
- Parents' Morning Out
- American Heritage Girls
- MOPS & MOMSnext
- Generations
- Cherub & Children's Choirs



Here's What Is Happening at Mentor UMC for Children & Families...

Sunday School

- Children 0-4 years old~Early Childhood Area
- K 2nd Grade~Room 107
- 3rd Grade~Room 103
- 4th 6th Grade~Room 104
- Family Worship is FIRST Sunday of the month and K-6th graders remain in worship with their families
- mentorumc.org/sunday-school
- Promotion Sunday is September 13—children will "move up" to their next class if eligible; please note that 3 and 5 year olds MUST be that age by September 30 to move up

Parents' Morning Out

- Children walking through Kindergarten come to play and hear a story from 10:00 am to 12:00 pm
- Parents are invited to stay or leave
- mentorumc.org/parents-morning-out

American Heritage Girl Troop, a non-profit organization dedicated to the mission of building women of integrity through service to God, family, community and country

- Thursdays, September 10 & 24 6:30-7:45 pm in Room 103
- mentorumc.org/American-heritage-girls

GENERATIONS, family fellowship group

- Annual Hayride at Patterson's Fruit Farm on Sunday, September 27 from 4:00 to 7:00 pm
- StuCo 56 will be joining us
- mentorumc.org/generations



StuCo 56 NEWS

StuCo 56 is for students who are in 5th & 6th Grade. This fun fellowship group meets September through May on the **2nd & 4th Sundays** and is open to MUMC students and their friends!

When events are posted, follow link below the date to RSVP. Email Tammy Palermo at tpalermo@mentorumc.org to be included in her email list.

Parents are requested to assist!

2015-16 Upcoming Dates

September 13 & 27

October 3 11 & 25

November 8 & 22

December 13 & 27

January 10 & 24

February 14 & 28

March 13 & 20

April 10 & 24

May 4 & 22

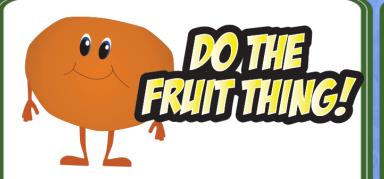
mentorumc.org/stucco-56 for details and RSVP links

EXERCISE for HOPE:

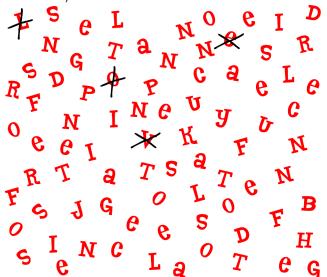
"Children Helping Children"

- Sunday, September 20; 12:00-2:00 pm
- 1st through 8th Graders obtain pledges for doing exercises
- Benefits Project HOPE
- Register by September 13th to receive a T SHIRT!
- Welcome to show up on the day of event to participate
- Make a difference!
- Mentorumc.org/Exercise-for-Hope





Jesus commanded us to "do the fruit thing." Okay, those were not His exact words, but you can find what Jesus really said in John 15:16 (don't look it up yet). This command can also be found in the letters below by eliminating the letters used to spell the fruits of the spirit. Only eliminate one letter for each time it is used. For example, eliminate one 'L' for love and one 'L' for gentleness. Unscramble the remaining letters to fill in the blanks below and discover Jesus' command. ("Love" is already crossed out.)



23 Greg W

27 Josie F

28 Jonathan T

23 Chase B 27 Fletcher A

27 Jack S

TIME FOR SOME FRUITY FUN

Strawberry Jam!

Here is a great game of reverse 'Hide-n-Seek.' Choose one player to be 'it'. While everyone else closes their eyes and counts to twenty, 'it' tiptoes away to hide. After counting to 20, everyone begins to search for 'it.' When someone spies 'it', instead of calling out, they squeeze into the hiding place. All other players who discover them do the same. The last player in the 'jam' is 'it' for the next game!

Fruit for the Thought!

Here's a memory game that makes a tasty snack when you're done. Get about 10 "fruity" items from the kitchen and put them on a tray. Use things like fruit, juice, Jell-O, jelly, etc. Let everyone playing see the items, and then take the tray out of the room. Everyone writes down all the items they remember. The one who remembered the most is the winner, and the winner gets first pick for their snack.

Pucker Up Relay!

25 Samantha C

Divide into 2 teams. Cut straws in ½ and give one to each player. Cut two pieces of paper into the shape of a lemon. The first player on each team applies suction to the straw to pick up the lemon tissue paper. He passes the paper to the next person in line. The next person puts his straw on the fruit and applies suction to get the fruit to stick to his straw. The fruit is passed down the line as quickly as possible. If it falls to the floor, it must be picked up by the straw. No hands on the lemons!

Happy Birthday to Our Friends Born in September!

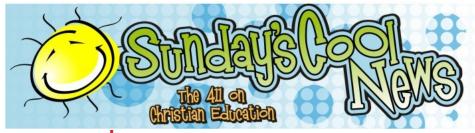
1 Jacob N 2 Georgia K 3 Ethan C 5 Wyatt D 7 Brandon A 7 Michael M 7 Justin S 8 Julia B 8 Leah T 10 Xander L 14 Elliana R 10 Chloe S 11 Isabella B 13 Samuel L 15 Robert L 15 Rebecca T 16 Haylee C 16 Jaxson K 16 Delaney R 16 Rachel S 22 Allison W 17 Kelly R 21 Matthew G 22 Lewis B

24 Anna S

27 Nicholas M

29 Dominic G







Contact Information

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mentorumc.org/children



mentorumc.org/children						
Sun	Mon	Tues	Med	Thurs	F	Saf
SUNDAY MO Sunday School Cherub Choir 1 Children's Choir	9 & 11 am 0:15-10:35	1	2	3	4	5
FAMILY WORSHIP K-6th Grade	Labor Day Church Office Closed	8	9	American Heritage Girls 6:30-7:45 pm	MOPS & MOMSnext 9:30 am to 12:00 pm	12
StuCo 56 ¹³ KICK-OFF 5:30-7:30 pm	Parents ² ₄ Morning Out 10:00 am to 12:00 pm	15	16	17	18	19
Exercise for HOPE 12:00-2:00 pm	Parents ¹ Morning Out 10:00 am to 12:00 pm	22	23	American Heritage Girls 6:30-7:45 pm	MOPS & MOMSnext 9:30 am to 12:00 pm	26
StuCo 56 & Generations Hayride at Patterson's 4:00-7:00 pm	Parents Morning Out 10:00 am to 12:00 pm	29	30	SEF		BER